

Monday

Tuesday

Wednesday

Thursday

Friday


MAIN MEAL



OPTION 1

OPTION 2


Creamy Tomato Salmon Pasta


Traditional Creamy Beef Lasange 


Roast Gammon with Roast Potatoes & Gravy



Spanish Chicken & Tomato Rice


MSC Approved Fish Fingers & Chips

Margherita Pizza & Wedges 

Vegetarian Lasanga 

Baked Creamy Mac 'n' Cheese 


Chickpea & Squash Tagine  

Vegan Vegetable Nuggets & Chips 

VEGGIES



Garden Peas 

Italian Roasted Vegetables 

Carrot Broccoli & Courgette 

Tomato Pepper & Carrot Salad 

Baked Beans 


PASTA




Cheese Sauce 

House Tomato Sauce 

Cheese Sauce 


House Tomato Sauce 


Cheese Sauce 


AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans


SWEET TREATS




Strawberry Mousse 

Original Flapjack 

Raspberry Jelly & Mandarins 

Apple & Cocoa Sponge 

Vegan Lemon Shortbread 

Desserts available every day - a choice of jelly, fruit or yoghurt

KEY




















Nutritionist's Choice 

Vegetarian 






Vegan 

Added Wholewheat 



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL OPTION 1	Roasted Vegetable Pasta 	Chicken & Spinach Pasta Bake	Cottage Pie 	Sticky Beef & Carrot Rice 	MSC Approved Fish & Chips
OPTION 2	Vegan Hot Dogs & Wedges 	Cheesy Cauliflower Pasta Bake 	Vegan Cottage Pie 	Tomato Rice, Peas & Sweet Potato  	Margherita Wrap & Chips 
VEGGIES	Tomato Cucumber & Lettuce Salad 	Broccoli 	Cauliflower Peas & Carrots 	Tomato Cucumber & Carrot Salad 	Baked Beans 
PASTA	Tomato & Vegetable Pasta 	Cheese Sauce 	Tomato & Vegetable Pasta 	Cheese Sauce 	Tomato & Vegetable Pasta 

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS	Blueberry Cookie Bar 	Oaty Date Cookie 	Strawberry Yoghurt with Summer Berry Sauce 	Banana Sponge & Custard 	Orange Jelly 
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Desserts available every day - a choice of jelly, fruit or yoghurt

KEY





















Nutritionist's Choice 

Vegetarian 

Vegan 


Added Wholewheat 




	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL OPTION 1	Vegetarian Chilli Nacho Bake  	Mac 'n' Cheese Beef Bolognaise	Roast Chicken Roast Potatoes & Gravy	Creamy Chicken Curry with Carrot Rice 	MSC Approved Fish Fingers & Chips
MAIN MEAL OPTION 2	Margherita Pizza & Wedges 	Vegan Bolognaise with Penne Pasta   	Vegan Sausage Puff with Gravy 	Baked Creamy Mac 'n' Cheese 	Southern Style Quorn Burger & Chips 
VEGGIES	Tomato Cucumber & Lettuce Salad 	Broccoli 	Carrot Broccoli & Courgette 	Garden Peas 	Baked Beans 
PASTA	Cheese Sauce 	House Tomato Sauce 	Cheese Sauce 	House Tomato Sauce 	Cheese Sauce 


AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 

Strawberry Yoghurt & Strawberry Sauce 

Oaty Apple Crumble with Custard  

Raspberry Jelly 

Gingerbread Squares with Custard 

Carrot Cake Cookie 

Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice 

Vegetarian 

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