

## St Hugh of Lincoln Catholic Primary School In faith and love, we learn and grow



# Newsletter 4 March 2021

Dear parents and carers,

The newsletter is a little bit early this week as tomorrow is an INSET day at school and we will all be busy working hard to make sure that your children have a warm and positive reintroduction to school.

We're really looking forward to welcoming all of the children back to school on Monday and hope they're excited to come back to see their friends and teachers again. Hopefully you found Ali D'Amario's video on helping your child prepare for their return to school useful. If you haven't had a chance to look at it yet I've included the link again below for you:

https://www.sthugh-of-lincoln.surrey.sch.uk/monday-8th-march-return-to-in-schooling/

#### **Rainbows**

We are pleased to announce that we will be continuing our Rainbows program after Easter for children whose parents feel that they would benefit from participating in weekly support groups. These groups are for children who are undergoing change, loss or separation in their lives. The programme is recommended by the Diocese of Arundel and Brighton as an effective programme in schools.

When something significant happens in a family, the entire family is affected. Even though death, divorce or other loss issues appear to be only grown-up problems, they have a profound effect on the children who are touched by such experiences. If a parent dies or a divorce happens or a painful loss occurs, not only do the parents grieve, but the children also. Children may find it extremely difficult to verbalise their feelings of grief because of their age and inexperience.

We have very sensitive, caring and trained adults who are able to help these children put their feelings into words, work through their grief, build a stronger sense of self-esteem, and begin to accept what has taken place in the family. These adults are not counsellors nor therapists but what they do, and the programme followed, is therapeutic for those involved. The programme is suitable for all the primary age group but the sessions/groups are age appropriate.

If you consider that your child/ children would benefit from this programme or have any questions then please email the office who will ask Mrs Rose to contact you.

#### New crossing patrol man

It seems an awful long time ago since the lovely Mr Morley left us to move to Dorset and we've gone a long time without someone to help our families cross the road. I'm delighted to tell you that as of Monday, we will have Mr Giuseppe Di Stefano as our new crossing patrol man. I know you'll make him

feel very welcome as he gets to know you all. He will be helping families cross the main road at the end of Five Oaks Close and we'll be talking to the children to encourage them to cross the road safely at the correct place.

### A new St Hugh baby!

Finally, a wonderful bit of news to end on this week. Miss Lyde gave birth to a beautiful baby girl Cassia Ren last weekend. Cassie's arrival in the world was a little earlier than expected but I'm please to say that both mum and baby are doing well. I'm sure you'll all join me in saying a huge congratulations to Miss Lyde and her family.

Please don't hesitate to contact us if you have any questions about the return to school. Remember that Monday is a PE day so the children need to come to school wearing their PE kit (reception class need to come in uniform but bring their PE bag).

God bless, Mrs Harper