



**St Hugh of Lincoln**  
Catholic Primary School  
In faith and love, we learn and grow



## Newsletter 22 January 2021

Dear parents and carers,

I hope you're all staying healthy and well and adapting to the latest lockdown? We are constantly trying to review and improve the home learning we are offering and hope you're finding it manageable and useful. I'm acutely aware that every one of you is trying to cope with unique and challenging circumstances at home and that it is impossible for us to create an offer which works perfectly for everyone. I'm aware that some of you may feel that we're setting too much work, whilst others think there isn't enough. Some of you find submitting work a step too far, whilst others happily submit everything! I just want to reassure you that we do understand the pressures you are facing at home and that none of us is superhuman. We are all just trying our do our best in difficult times and that capacity each of us has to juggle home learning is varied and finite. Be kind to yourselves and keep talking to us – we will help and make adjustments wherever we can to support you.

### Weekly wellbeing assembly

Following on from last week's newsletter item about wellbeing, Mrs Pickard produced a fantastic wellbeing assembly for the children. We got such a positive response that we're going to try and make it a weekly feature of our remote learning so from next week, each Thursday there will be an assembly with a mental health focus. Thank you so much Mrs Pickard! In case any of you missed it here's the link again to all of our mental health and parenting resources on the school website:

<https://www.sthugh-of-lincoln.surrey.sch.uk/wellbeing-advice/>

### Physical fitness

There have been lots of reports in the press over the last few weeks about the impact that the lockdown is having on children's physical fitness levels. Here's a link to an interesting article on the BBC about it:

<https://www.bbc.co.uk/sport/55664539>

At the minute we have a remote learning PE lesson every Friday, but from next week we're looking at posting a daily PE lesson or fitness challenge to try and get your children active. If your family circumstances mean you can't do it, don't worry, but we'll put ideas on Teams each day to help encourage your children to have a break from their screens and get physically active.

### Uploading work to Teams

Some parents have been asking for help to upload work onto Teams with an iphone. Here are some instructions which might help:

1. Open Notes and select a note or create a new one.
2. Tap the Camera button , then tap Scan Documents .
3. Place your document in view of the camera.
4. If your device is in Auto mode, your document will automatically scan. If you need to manually capture a scan, tap the Shutter button  or one of the Volume buttons. Then drag the corners to adjust the scan to fit the page, then tap Keep Scan.
5. Tap Save or add additional scans to the document.

### Supporting reading in early years and key stage 1 during lockdown

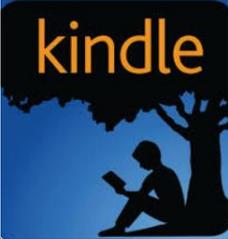
Unfortunately during lockdown we're not able to change books for children who are on the reading scheme but Miss Lyde and Miss Bye have produced a guide for parents showing you how to access free reading scheme books and some hints and tips for reading with your children. They are going to post it on Teams next week, but I've also attached it below for you to see. (Don't forget, children in year 1 and above have logins to the Hampshire School Library service where they can access ebooks and audio books. Mrs Grace is investigating getting logins set up for our reception class.)

## EYFS & KSI Reading

### Reading to practise phonics

 <p><a href="http://www.oxfordowl.co.uk">www.oxfordowl.co.uk</a></p>	<p>Create a free account and access book band levelled books for your child.</p>
 <p><a href="http://www.phonicsplaycomics.co.uk">www.phonicsplaycomics.co.uk</a></p>	<p>Free decodable comics that follow the phonics teaching sequence of Letters and Sounds.</p>
 <p><a href="http://www.phonicsplay.co.uk">www.phonicsplay.co.uk</a></p>	<p>Free login details:          Username: jan21          Password: home</p> <p>Play phonics games to practise blending and segmenting skills.</p>

## Reading for pleasure

 <a href="http://www.oxfordowl.co.uk">www.oxfordowl.co.uk</a>	Create a free account and access a wide range of books you can share for pleasure.
	Download the Amazon Kindle app for free and access free children's books.

### Questions to ask your child, when reading

#### Before reading

- Can you point to the title? or What is this? (pointing to the title)
- What do you think this story will be about? What might happen in the story?
- Who is in the story?

#### During the reading of the book

- What is happening here?
- What is       doing?
- What might happen next?
- How do you think the story might end?
- What does       mean? (To check understanding of a word)

#### At the end of the book

- Did you like this book? Why?
- What was your favourite part? Why?
- Which character did you like the best? Why?
- Why did that character do ... (give a situation/ event from the story)?
- What happened in the story?

Stay safe everyone and have a lovely weekend.

God bless,  
Mrs Harper